

# Theodore Wirth Park, Minneapolis, MN

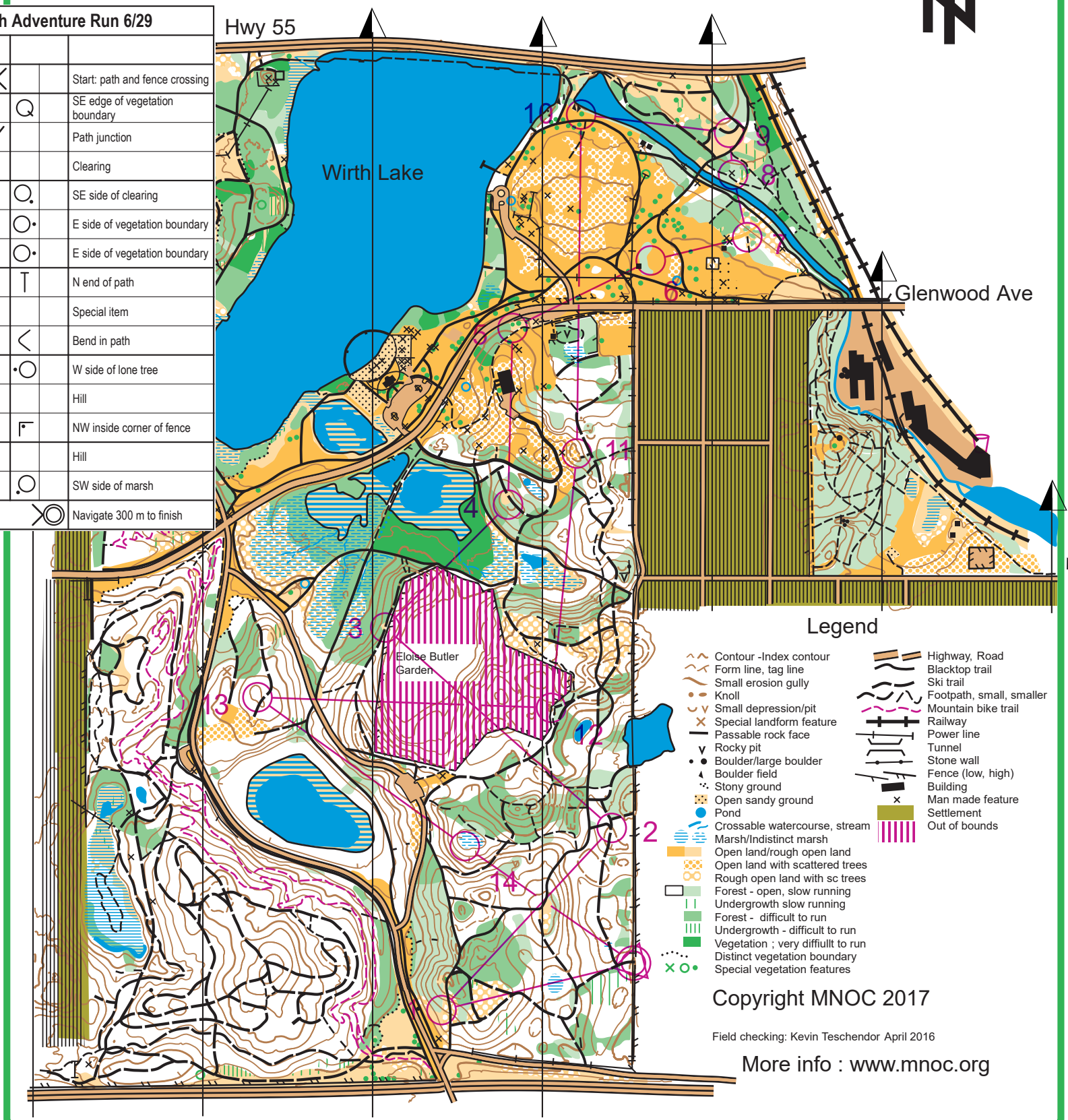
Scale: 1:7500 Contours: 3 meters

## Long Course

0m 500 m



Theodore Wirth Adventure Run 6/29			
Long Course	4.4 km		
▷		↗	✕
1	213	↗	Q
2	209	↗	Y
3	208	○	
4	218	○	Q
5	202	↗	○
6	201	↗	○
7	206	↗	T
8	203	✕	
9	204	↗	<
10	205	△	○
11	217	○	
12	219	↗	F
13	215	○	
14	211	≡	○
○	300 m	○	
		○	Navigate 300 m to finish



### Legend

- ~ Contour - Index contour
- Form line, tag line
- Small erosion gully
- Knoll
- Small depression/pit
- ✕ Special landform feature
- Passable rock face
- ∇ Rocky pit
- Boulder/large boulder
- Boulder field
- Stony ground
- Open sandy ground
- Pond
- Crossable watercourse, stream
- Marsh/Indistinct marsh
- Open land/rough open land
- Open land with scattered trees
- Rough open land with sc trees
- Forest - open, slow running
- Undergrowth slow running
- Forest - difficult to run
- Undergrowth - difficult to run
- Vegetation ; very difficult to run
- Distinct vegetation boundary
- Special vegetation features
- Highway, Road
- Blacktop trail
- Ski trail
- Footpath, small, smaller
- Mountain bike trail
- Railway
- Power line
- Tunnel
- Stone wall
- Fence (low, high)
- Building
- Man made feature
- Settlement
- Out of bounds

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Field checking: Kevin Teschendor April 2016

More info : [www.mnoc.org](http://www.mnoc.org)